

THE GARDEN CLUB



A Garden 31 Newsletter



RECENT NEWS

We've been so grateful and honored to have received some incredible donations and grants in the past 3 months!

St. Helen Philoptochos donated \$1400 to help us build 4 new garden beds at our East Mesa Juvenile Detention Facility Garden Program.

We received a \$6,500 grant from our friends at the Rancho Santa Fe Garden Club to support our regenerative agriculture training programs.



Pictured: Our Admin Director, Wah Hernandez, accepting a grant from the Rancho Santa Fe Garden Club

HONORING MR. FRANK: A TRUE GARDEN 31 PIONEER



With heavy hearts, we share that Mr. Frank, one of the first Garden 31 community members to break a sweat with a shovel, has unexpectedly crossed over this past weekend. He was more than a supporter—he was family. The father of our Treasurer, Board Member, and dedicated backbone of Garden 31, Kristine, Mr. Frank showed up at every garden with a smile, ready to plant, grow, and uplift.

Now, as she and the Foster & Luquet families navigate this loss, we're asking our community to show up for them the way Mr. Frank always showed up for us.

If you are able, please consider donating. Every contribution, no matter the size, will help and all funds will go to the Foster Family fund for the passing of Mr. Frank

Donate here: https://www.paypal.com/donate/?hosted_button_id=CU9S669TZ3BQG

Share & spread the word

Mr. Frank, you were one of a kind. Your presence, laughter, and dedication to the land and community will never be forgotten. We will honor you by continuing to grow.



WELCOME SUMMER!

**Seeds of the Sun
by Jasmine's Metz**

**Beneath the blaze of summer skies,
Where golden rays and green arise,
The soil breathes deep in silent cheer—
The season's song is growing near.**

**We press our palms to earthen beds,
With whispered thanks and leafy threads,
A garden grows with care and grace,
Each sprout a promise we embrace.**

**The farmer walks with weathered hands,
Through fields that stretch like painted lands.
No waste, no rush, just nature's flow—
The sacred art of letting grow.**

**Compost steams and rain barrels gleam,
A mulch-wrapped root, a honeybee dream.
We trade the rush for rhythms slow,
And learn again what elders know.**

**Tomatoes ripen, vines run wild,
A barefoot laugh from every child,
The cycle turns, the lessons stay:
To give, to tend, to not betray.**

**Sustain the earth, and it sustains—
In every drought, in every rain.
The gift of summer is the call
To grow with love, and care for all.**

WHAT WE'VE BEEN UP TO...



EDUCATING



VOLUNTEERING



COMING TOGETHER



GROWING





WHAT SHOULD I BE PLANTING?

JUNE-AUGUST ZONES 8-10

As temperatures rise and store prices follow, there's no better time to reclaim your food sovereignty. Growing your own fruits and veggies isn't just empowering—it's healing, sustainable, and deeply rooted in community care. Whether you've got a backyard, balcony, or just a few pots on a patio, you can plant the seeds of change today. Let's dig in and grow something good together this summer.

Beans
Corn
Cucumbers
Melons
Okra
Peppers
Pumpkins
Squash
Sweet Potatoes
Tomatoes
Sunflowers



If the summer sun feels too intense or your outdoor space is limited, you can still grow resilience right from your windowsill. Starting seeds indoors is a powerful way to prepare for a thriving fall harvest—whether it's leafy greens, herbs, or future cabbage patch dreams. All it takes is a little light, love, and a few containers to begin growing your own fresh food from the comfort of home. Your garden journey can start right now—right where you are.



Basil
Broccoli
Cabbage
Cauliflower
Kale
Lettuce
Parsley
Oregano
Thyme



Congratulations!



TO OUR FOUNDER:

**🎓 Congratulations, Chris!
Garden 31 proudly celebrates
our founder, Chris
Burroughs, on his recent
graduation from San Diego
State University with his
bachelor's degree!**



**Chris's dedication to
education, community, and
sustainable agriculture
continues to inspire all of us.
We're so proud of this
milestone and can't wait to see
what he cultivates next — both
in the garden and beyond.**



COME SAY HI AT THE SAN DIEGO COUNTY FAIR!

We'll be hosting a table in Community Corner this Summer!

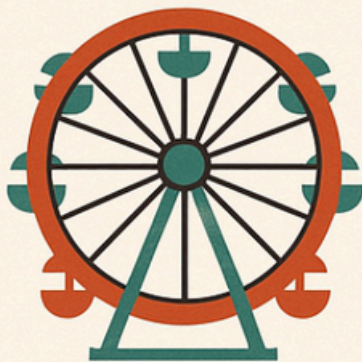
JUNE 11

JUNE 13

JUNE 21

JUNE 18

JUNE 25



THANK YOU FOR JOINING THE GARDEN CLUB!

Please check out our website, follow us on all of our social media platforms, and reach out to us with any questions you may have at community@garden31.org!



<https://garden31.org/>



[garden.31](https://www.instagram.com/garden.31)



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[garden.31](https://www.tiktok.com/@garden.31)



<https://www.linkedin.com/company/garden31>

We are always happy to receive one-time and recurring donations!
Donate here



https://www.paypal.com/donate/hosted_button_id=J2CYJRBQCKVAW

Garden 31 Merch is live!



Go to <https://www.garden31.org/donations>
to check it out and get your Garden 31
Merchandise!